<table>
<thead>
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<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<th>Friday</th>
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| **Snack:** Light Breakfast Served | 3. **Breakfast:** Oatmeal; WG Toast; Raisins; Milk  
**Lunch:** Spaghetti w/Meat Sauce; Broccoli; Bread; Orange Slices; Milk  
**Snack:** Pumpkin Muffins; Unflavored Milk | 4. **Breakfast:** Spinach & Cheese Egg Burrito; Orange juice; Milk  
**Lunch:** Ham & Cheese on WG Roll w/Lettuce; Tomatoes; Onion; Macaroni Salad; Pears; Milk  
**Snack:** Homemade Applesauce; Unflavored Milk | 5. **Breakfast:** Waffles; Mixed Berries; Milk  
**Lunch:** WG Grilled Cheese; Bean Soup w/Vegetables; Fruited Jell-O; Milk  
**Snack:** Cheese; Crescent Pizza Roll | 6. **Breakfast:** Cherries; WG Toast; Bananas; Milk  
**Lunch:** Unstuffed Pepper Casserole; Green Beans; Bread; Tropical Fruit; Milk  
**Snack:** Peanut Butter; Crackers | 7. **Breakfast:** WG Toast; Cantaloupe; Milk  
**Lunch:** Panko Breaded Chicken; Baked Potato; Carrots; Roll; Fruit Salad; Milk  
**Snack:** Waldorf Salad; Unflavored Milk |
| **Snack:** Deli Turkey; Cheese Stick; Crackers | 10. **Breakfast:** WG English Muffin; Apricots; Milk  
**Lunch:** Meatball Subs on Roll; Garden Salad; Fruit Cocktail; Milk  
**Snack:** Peanut Butter & Jelly Sandwich | 11. **Breakfast:** WG Corn Muffin; Blueberries; Milk  
**Lunch:** Baked Ham; Scalloped Potatoes; Peas; Roll; Pineapple; Milk  
**Snack:** 3-Bean Salad; Unflavored Milk | 12. **Breakfast:** Scrambled Eggs; Biscuit; Apple Juice; Milk  
**Lunch:** Hotdog & Bean Casserole; Coleslaw; Roll; Peaches; Milk  
**Snack:** WG Toast; Fat Free Chocolate Milk | 13. **Breakfast:** WG Toast; Yogurt w/Strawberries; Milk  
**Lunch:** Egg Salad Sandwich; Stuffed Pepper Soup; Pears; Milk  
**Snack:** Cheese Ball; Crackers | 14. **Breakfast:** Vegetable Omelet; WG Toast; Fruit; Milk  
**Lunch:** Chicken Pot Pie; Garden Salad; Bread; Fruit Cup; Milk  
**Snack:** Banana Slices; Unflavored Milk |
| **Snack:** Fried Egg on WG English Muffin; Pears; Milk | 17. **Breakfast:** Pancakes; Blueberries; Milk  
**Lunch:** Macaroni & Cheese w/Spinach; Mixed Vegetables; WG Bread; Mandarin Oranges; Milk  
**Snack:** Deli Turkey; Cheese Stick; Crackers | 18. **Breakfast:** Fried Egg on WG English Muffin; Pears; Milk  
**Lunch:** Baked Fish; Sweet Potatoes; Broccoli; WG Roll; Fruit Cocktail; Milk  
**Snack:** Baked Apple Slices; Unflavored Milk | 19. **Breakfast:** WG Toast w/Peanut Butter; Orange Juice; Milk  
**Lunch:** Meatloaf; Mashed Potatoes; Carrots; Biscuit; Bananas; Milk  
**Snack:** Boiled Egg; WG Toast | 20. **Breakfast:** Bagel w/Cream Cheese; Apricots; Milk  
**Lunch:** Butternut Squash Soup; Tuna on WG Bread w/Lettuce & tomato; Pineapple; Milk  
**Snack:** Peaches; Unflavored Milk | 21. **Breakfast:** Scrambled Eggs; WG Toast; Cantaloupe; Milk  
**Lunch:** Chicken & Brown Rice Casserole; Garden Salad; WG Bread; Fruit Cup; Milk  
**Snack:** Strawberries; Biscuit |
| **Snack:** Cold Cereal; WG Toast; Banana; Milk | 24. **Breakfast:** WG French Toast; Orange Juice; Milk  
**Lunch:** Spaghetti w/Meat Sauce; Broccoli; WG Bread; Pineapple; Milk  
**Snack:** Corn Bread Pudding; Unflavored Milk | 25. **Breakfast:** WG French Toast; Orange Juice; Milk  
**Lunch:** Baked Chicken; Rice; Bread; Peas; Peaches; Milk  
**Snack:** 7-Layer Dip; Tortilla Chips | 26. **Breakfast:** Scrambled Eggs; WG Toast; Pears; Milk  
**Lunch:** Fish on Roll; French Fries; Beets; Cherry Cup; Milk  
**Snack:** Cottage Cheese; Tomato Wedges | 27. **Breakfast:** WG English Muffin w/Peanut Butter; Applesauce; Milk  
**Lunch:** Macaroni & Cheese; Garden Salad; WG Bread; Blueberries; Milk  
**Snack:** Honey Dew Melon; Unflavored Milk | 28. **Breakfast:** Cinnamon Raisin Toast; Fruit Cocktail; Milk  
**Lunch:** Pork; Mashed Potatoes; Green Beans; WG Roll; Oranges; Milk  
**Snack:** Carrot Raisin Salad; Apple Juice |

*1% Unflavored milk is served with all meals | This institution is an equal opportunity employer.*